



**As title sponsor of the Loch Ness Marathon, Baxters understands the importance of maintaining a healthy balanced diet to get the most from your training sessions.**

Although Christmas may now be a distant memory the added festive pounds may not! That's why this is the best time of year to get back in shape and what better way than by getting involved in the 2012 Baxters Loch Ness Marathon which is less than eight months away!

Baxters Stay Full Soup is specifically designed to leave you feeling fuller for longer which is perfect for those nights when you are embarking upon your pre marathon training. Designed to satisfy hunger for longer and curb unhealthy snacking the range delivers a minimum of 2 of your 5 a day, is low in fat and has less than 300 calories per can. There are five varieties available including Spiced Butternut Squash and Edamame Bean and Minestrone with Basil & Parmesan

This month Baxters has been working with Stylist.co.uk to offer you the chance to win a month's supply of Stay Full Soup, plus a top of the range sports kit! So no more excuses for putting off your Loch Ness Marathon exercise regime!

To be in with a chance of winning visit:

[www.stylist.co.uk/win/win-with-baxters-stay-full-challenge](http://www.stylist.co.uk/win/win-with-baxters-stay-full-challenge)

*It is important to note that this is general advice and that training diets vary from runner to runner.*